

Connections

Monthly Newsletter of
All Saints Lutheran Anglican Church

September 2025

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Treasurer's Report	2-3
Council Perspective	3-4
Reflections by Nigel	5-6
Silvercreek Market	6
Scotch Whisky Tasting	7
Kairos Korner	8-9
Strawberry Social	9
75 Years—Korean War	10-11
HVAC Financial Appeal	12
Library Book Review	
Music at All Saints	13
13ELCJHL Appeal	14
Fall Ham Dinner	
Orange Shirt Day	15
GWSA Conference	16
Garden Photos	
Ribfest 2025	17
Parish Care Ramblings	18-19

From the Pastor's Study

The Season of Creation is a series of Sundays that has in recent years been adopted by many Christian traditions. The season begins on the first Sunday in September and runs through to the first Sunday in October, when the Feast of St. Francis of Assisi is observed and pets are welcome to our worship service for a blessing of the animals.

Each year, a team of Christian

leaders from around the world come together to plan the theme for the Season of Creation for that particular year. This year, the

theme is "Peace With Creation," reminding us in these turbulent times that there can

never be real peace, even between warring peoples, until there is also peace with our natural world.

Centuries ago, a form of Christianity thrived in Ireland,



**PEACE
WITH CREATION**
SEASON OF CREATION 2025

210 Silvercreek Parkway North,
Guelph, ON N1H 7P8
Phone: 519.821.7710
(24 hour voicemail)
Email:
allsaints@allsaintsguelph.ca ~
Web: allsaintsguelph.ca
Office Hours: Tuesday - Friday ~
9:00 am - 1:00 pm

Rev. Brian Wilker, Pastor
Rev. Christine Clatworthy, Deacon
Rev. Canon Lucy Reid and Rev. Canon David
Howells, Honorary Assistants
Brian Janzen, Council Chair
Peter West, Music Director
Michele Altermann, Administrative Assistant
Christine Morrison, Editor,
cjmorrison263@gmail.com

From the Pastor's Study Continued...

Scotland, Wales, and other parts of the British Isles that had a deep and profound respect for the land and how divinity was revealed through the created order. Between the 4th and 9th centuries, Christian missionaries such as St. Patrick and St. Columba shared the Christian faith with the Celtic peoples in ways that deeply resonated with their deep connection with the land, traditions, and community. The result was a local expression of orthodox Christianity lived out in distinctly Celtic ways, such as monastic communities living close to the rhythms of nature, an understanding of the sacramentality of daily life, and an openness to encountering God in all things and all people.

Celtic Christianity has captured the imaginations of many modern followers of Jesus, especially as the tradition lives on through the Iona Community and the music of John Bell. Our hymns books contain Iona hymns that are beloved by many, such as: Will You Come and Follow Me; Take, Oh, Take Me As I Am; and Today I Awake and God is Before Me.

Throughout the Season of Creation this year, we will be using a modern form of Celtic worship adapted from the Abbey Liturgy of the Iona Community, Argyll, Scotland. Additionally, for our Faith Forum on the evening of Wednesday, September 17, The Rev. Canon John Wilker-Blakely (retired from the Anglican Diocese

of Ottawa – and my brother-in-law) will give an overview of Celtic Christianity history, theology, and spirituality.

Throughout my career I have been aware of the influence of the Iona Community and how Celtic Christianity has captured the imagination of many modern Christians, but I have never had the opportunity to delve too deeply. I am very much looking forward to this exploration that we will take on together, and I hope you are, too.

See you Sunday!
Pastor Brian

Treasurer's Reports by Suzanne Worthen

	As at	June 2025	Year to Date
Offerings		\$26,337.00	\$108,130.68
Other Income.....		\$6,195.70	\$16,964.65
Transfers -Housing Fund		\$1,000.00	\$6,000.00
-Dowry Fund.....		\$625.00	\$3,750.00
Total Income		\$34,157.70	\$134,845.33
Total Expenses		<u>\$24,897.03</u>	<u>\$137,372.32</u>
Surplus/(Deficit)		<u>\$9,260.67</u>	<u>(\$2,526.99)</u>

Connections

	As at	July 2025	Year to Date
Offerings		\$17,945.00	\$126,655.68
Other Income.....		\$580.00	\$16,964.65
Transfers -Housing Fund		\$1,000.00	\$7,000.00
-Dowry Fund.....		\$625.00	\$4,375.00
Total Income		\$20,150.00	\$154,995.33
Total Expenses		<u>\$22,039.36</u>	<u>\$159,411.68</u>
Surplus/(Deficit)		<u>(\$1,889.36)</u>	<u>(\$4,416.35)</u>

Council Perspective

Greetings and welcome back to many of us who were able to take some holidays this summer. A break in our regular routine and rushing schedules is always refreshing. As the searing summer weather of 2025 begins to show some shifting and the excitement of the kids switch from those summer holidays to a new school year, many of us will return to those routines and schedules including more regular attendance at church.

September brings us back to unify as a congregation. It is a time to connect again. It is a time to share and be open to God's gifts and life's burdens. I look forward to the first few of Sundays of September where we can refresh friendships and share stories or perhaps adventures of those summer experiences. Personally, I also look forward to worship with

the larger community of our church; to hear the hymns sung again with more vigour, the choir contributions, and the celebration of bread and wine. It is also time to ramp up ministry activities and events that most of us share. Let's first catch up on a few things that have taken place over the summer months.

Council met June 24th with their main intention to ensure the business of the church proceeds

smoothly through the summer months. A number of our own upcoming events in the

fall as well as 2026 were discussed as well as possible rentals. As we continue into September, keep your calendar book open!



Pastor Brian updated us as to the service schedule for the summer. The treasurer's report was received in addition to an update as to the Financial Appeal Letter that had just gone out the second week of June. Later this summer, we received news of the congregation's positive response to that appeal. The Worship and Music team reported that they were looking into mobility issues and seating within the

congregation. It was also brought up that we are due for a fire alarm test in the fall. The Chair continued to encourage

communication from all ministry areas to council and back again.

As I have mentioned in previous

Council Perspective Continued...

months, our church building is showing its age. One item of concern throughout the spring season was the HVAC system (heating and cooling). When the first issues seemed to surface, a particular part had to be replaced. This took some time in arriving and it was hoped that this might solve the problems. After installation, the issues continued. Following a number of visits from the technician, it was evident that at least a portion of the entire system may have to be replaced. This possibility was discussed at the June council meeting. As many of us are aware, the issues grew worse as July, and early August progressed. Serious discussions with our HVAC service began and the resulting conclusion was that the best course of action was to replace the entire system. The original unit was manufactured in 1981 before the church was built in 1986-87.

Although council does not usually meet in the summer months, an “emergency” meeting was called in mid

August to discuss this reality. Following some research, two firms were invited to submit quotes. After discussion, council passed three motions. The first

was to indeed replace the present HVAC system which consists of the main unit along with the control systems. The second was to accept the quote originating from our present HVAC company and the third, a plan to fund the project based on the recommendations that the Finance Committee gave us. With this plan, some funds will be taken from the Housing fund as well as the Dowry fund. This, combined with the generous donation of some \$40,000 from a number of anonymous donors, will fund the project. However, it could place a strain on the longevity of these two funds. Thus, a Congregational Financial Appeal for the HVAC project will also happen to help offset the funds needed. With this plan in place, we can immediately start the project. The latest news is that the replacement may begin in

*We are
God’s
church*

within this edition of Connections (page 12). We will keep you informed as the weeks progress. Council meets again on September 30th.

The transition month of September brings forward a time of opportunity. I’m sure that even as you read this edition of Connections, you will find opportunities for service. A time to perhaps dream differently; to think outside the box. Perhaps it is a time to join the choir or help with another area of ministry for the first time. It may be time to seek ministry in some fashion rather than wait. You may find that you are not alone in this journey. I encourage you to seek out these opportunities.

We are God’s church. With the changing world as it always has, the Christian church has evolved according to His leading. We cannot by our own determination go back in time and relive or capture those years. One thing remains steadfast. Despite these uncertain times in ways, we are a faithful people.

Peace,
Brian Janzen
Council Chairperson

as little as a
couple of
weeks from
now. Please
take a minute
and read
through the
HVAC
Financial
Appeal notice

Reflections by Rev. Nigel Bunce

What was the nature of Jesus' last meal with his disciples, and when did it take place?

Matthew, Mark and Luke tell us that the meal, which we call the Last Supper, was a Passover celebration and that it took place on the day of Passover. However, John reported that the meal had no particular liturgical significance, and that it took place the day before Passover.

This dichotomy has been discussed for centuries, but without resolution. Some years ago, Colin J. Humphreys, of the University of Cambridge in England, attempted to resolve the matter, in a book entitled, "The mystery of the Last Supper: Reconstructing the final days of Jesus" (Cambridge University Press, 2011).

All four gospel writers had the problem that there were very few witnesses they could

consult. We know, for example, that all the male disciples fled when Jesus had been arrested. The gospel authors must therefore have interpolated as best they could. That would explain some of the minor differences in their accounts.

However, it's inconceivable that the Gospel writers, who were all Jewish, could possibly have not known whether the Last Supper was or was not a Passover meal. That is why most authors have concluded that the events of Holy Week came from two different traditions, namely the Synoptics and John. What Humphreys has done is to unify the divergent gospel stories into a single whole. His key innovation is to propose that two different calendars were in use in the time of Jesus. This can be likened to the way in which the Orthodox churches celebrate Easter according to the Julian calendar whereas we celebrate it according to the Gregorian calendar.



Humphreys asserts that the Judean people adopted the Babylonian lunar calendar while they were in

exile. This was, and is, the lunar calendar in which the Jewish day begins at sunset. An earlier calendar, which was also lunar based, started the day at daybreak. In New Testament times the Samaritans still used that calendar. That makes it quite likely that people from Galilee would also

have used that earlier calendar.

Passover is celebrated by slaughtering the lambs around 3 p.m. on the 14th day of the month of Nisan. According to the sunrise-to-sunrise calendar, assumed to have been used by the synoptic authors, the Passover meal was also held on Nisan 14. But John was using the sunset-to-sunset calendar used in Judea. Consequently, after the lambs were slaughtered at 3 p.m. on Nisan 14, it would have become the early hours of Nisan 15 by the time that the meal was consumed.

Therefore, Humphreys argued that Jesus ate his Passover meal according to the older calendar on Nissan 14. Therefore, his final meal with the disciples took place the day after the Passover meal and had no special liturgical significance, according to the calendar that he was using. For John, using the newer calendar, it appeared that Jesus never ate his Passover meal because it was still the day of Preparation.

Humphreys also identifies the date of the Last Supper as Wednesday rather than Thursday. Because of the way in which the new month was determined, the older calendar identified Passover usually one or two days before the newer one. This has the advantage of explaining another point of

Reflections by Nigel Continued...

difficulty. Firstly, in the Synoptics, Wednesday of Holy Week is a completely blank day. In addition, the trial of Jesus before the Sanhedrin required two daylight meetings to make the decision legal, because it was a capital case.

Thus, we have the following

chronology, using Western daytime names.

Wednesday: Jesus eats the Passover meal with the disciples in the evening, after which he is arrested.

Thursday: Trial with Sanhedrin,

after sunrise, after which Jesus is handed over to the guards.

Friday: Confirmatory trial with Sanhedrin, after sunrise, after which Jesus is handed over to Pilate. Jesus dies at 3 p.m. and his body is placed in a tomb.



Silvercreek Community Market Update

It has been a busy summer at the Market, especially with all the children out of school that we usually don't get to see!

We continue to have a waiting list, but the good news is that we have been able to empty it a few times so the wait to become a registered member is usually only a couple of months. In the meantime, guests are still able to shop after registered families have done their shopping.

After the second August Market we will have served over 5,000 people (4,915 as of August 7).



Non-perishables donations have been down over the summer, but we were able to meet our goals on cooking oil and breakfast cereal in August! Thank you! The next challenge is September when we will need **40** more jars of peanut

butter. We also want to have enough school snacks for kids as they head back to school. Also canned

fruit and vegetables. We always need rice and red lentils which are given out at every Market.

If you are shopping ahead, here are the needs for the next few months:

September – peanut butter, school snacks, canned fruit and vegetables

October – canned meat or fish, soup

November – pasta and pasta sauce

December – cooking oil, cereal, canned legumes

Thank you to everyone who supports our Market, with offerings, food items, time and talents. You are making a difference in the lives of our neighbours!

Joyfully submitted,
Michele Altermann



The 2nd Annual All Saints Fundraiser to Support the Ecumenical Campus Ministry at the University of Guelph



a SCOTCH Whisky Tasting

Choose from 24+ Single malts aged in barrels from 8 to 18 years
Donated from the Private Collection of Canon Bill Thomas

Saturday, October 25, 2025, 2 – 5 pm
at the Home of John & Deborah Szymanski

For \$ 50 you'll get:

- A listing of the 24+ Single Malts, classified by region, taste, and years in the barrel
- A map of the Whisky Regions of Scotland
- A chart for recording your selection of *three single malt* Samples
- Palate cleansing snacks between the 3 Rounds of Sampling
- **A reminder that you need to schedule a ride To and From the event**
- A chance to meet the ECM Chaplain Andrew Hyde

Sign-up list for the 24 spaces available will appear at the Coffee Hour
after the services at All Saints on September 8.



Kairos Korner

While most of us here in Guelph and Canada are probably enjoying some summer sun and relaxation time, the situation becomes increasing more dire in Gaza. Please consider sending a letter to our Prime Minister emphasizing the need for immediate action in Gaza. You may send your own letter or go to the Kairos website link here and add your name to the letter already prepared by Kairos and it will be sent by Kairos.
<https://kairoscanada.org/gaza-letter-campaign>



I am including information from the Kairos website below.



KAIROS Canada
 faithful action for justice



Lives are at stake. Urge Canada to act now

The situation in Gaza is catastrophic. Famine is spreading. More than 60,000 Palestinians—most of them women and children—have been killed. Access to humanitarian aid remains blocked and civilians are injured and killed simply by seeking food and water.

In this moment of profound suffering, your voice matters.

Please take a minute to send a letter to the Prime Minister, calling for use of all diplomatic, political and economic measures to:

- Ensure food, water, fuel and humanitarian aid are delivered unhindered
- Secure an immediate and permanent ceasefire
- Achieve the release of all captives, both Israeli and Palestinian
- Impose a comprehensive, two-way arms embargo on Israel, including closing loopholes such as exports via the U.S.
- End Israel's military occupation and annexation of Palestine, paving the way for a just peace

Kairos Korner Continued

Send your letter today

Time is critical. Please act now—and share this urgent call with others.

In solidarity,
The KAIROS Team

Seniors for Climate Action Guelph (SCAN) is hosting a meeting with our new MP Dominique O'Rourke on Thursday August 28, 2025 from 2:00-3:30 pm at the Evergreen Seniors Centre. She will be the special guest and will update the group on her new role and take questions on climate action and other pressing issues. Please see the poster in the Narthex for more details.

Kairos Rep,
Jan Nielsen

Strawberry Social at All Saints!



Thank you to everyone who attended the strawberry social and enjoyed cake, strawberries and ice cream! And of course “thank you” to those who set up and cleaned up. \$900 was raised to put towards our deficit!

Be Blessed.

Marilyn Bleach Schranz, Ena Sookraj and Marilyn Coleman



Rev. Canon William Thomas—Why I was not in church on Sunday June 22, 2025, my 85th Birthday

Remembering Sacrifice, Honouring Legacy Hamilton Marks 75 Years Since Korean War Began

By Rick Bialachowski, 23 June 2025

On Sunday, June 22, members of the Hamilton and other nearby communities including United States Navy Veterans from American Post 18 gathered at HMCS Star adjacent to HMCS Haida to commemorate the 75th anniversary of the start of the Korean War. This deeply moving ceremony paid tribute to the more than 26,000 Canadians who served, including the 516 who lost their lives in service of peace.

Originally scheduled to take place under the yellow Gantry Crane at Pier 8, the ceremony was moved indoors to the Drill Deck of HMCS Star due to the intense heat wave being experienced. Despite the change in location, the spirit of remembrance remained front and center.



Left to Right: Reverend Canon William Thomas, Chaplain to HMCS HAIDA; Rick Bialachowski, Friends of HMCS HAIDA; Ron Zabrok, 100 year old USN survivor of Pearl Harbour; and Andrew Barber, RCN, veteran of HMCS Haida during her deployment in Korea.

The group stands before the trilingual plaque — unveiled during the ceremony — commemorating Canada's military contribution to the Korean War on its 75th anniversary.

Connections

Remembering Continued...

A Ceremony of Honour and Reflection

The event was emceed by Sarah Quinlan Cutler, Acting Field Unit Superintendent with Parks Canada. Among the honoured guests were Youngjae Kim, Consul General of the Republic of Korea, and Hobong Han, Korean Consul. In heartfelt remarks, the Consul General expressed deep appreciation for Canada's sacrifices during the war and reaffirmed the strong bonds between Canada and South Korea.

A poignant moment came when the names of nine Royal Canadian Navy sailors who died in the Korean War were solemnly read aloud, each name marked by the tolling of a ship's bell:

Able Seaman W.M. Burden	Able Seaman I.T.L. Torrville
Ordinary Seaman L.A. Gauthier	Able Seaman R.J. Skavberg
Able Seaman R.J. Moore	Able Seaman E.A. Baikie
Able Seaman F.R. Laker	Able Seaman V. Liska
Lieutenant Commander J.L. Quinn	

These sailors were among the more than 3,600 members of the Royal Canadian Navy who served during the conflict.

Symbolic Gestures and Future Legacy

Wreaths were laid by a variety of organizations including:

Government of Canada	Republic of Korea
HMCS Star	Burl-Oak Naval Veterans
Friends of HMCS Haida	Veterans Advocates of Canada

The ceremony also featured the unveiling of a trilingual plaque—in English, French and Korean—commemorating Canada's military contribution to the Korean War. It will remain on display at the HMCS Haida National Historic Site for one year before journeying to South Korea for permanent installation.

Continuing the Bond

A reception followed at the All Ranks Mess at HMCS Star, hosted by the Korean Consul General, the Halton Naval Veterans Association and the Veterans Advocates of Canada.

This commemorative event not only honoured lives lost, but celebrated a lasting international friendship forged through courage and sacrifice between Canada and South Korea — one that continues to endure across generations.

Congregational Financial Appeal



As most of us are aware, our heating and cooling system (HVAC) system is feeling its age...some 40+ years old. This has affected worshippers on Sundays, the maintenance of the pipe organ, and the general users and rentals of our space on a daily basis. In addition, our monthly energy bills have taken an upward climb which is very disproportionate to the benefits. Despite multiple attempts by the professionals to adjust and patch the system, the time has come to invest in a new system which would provide for greater efficiencies and longevity.

Church Council has taken action on this situation by approving the replacement of both the main unit and electronics in the various areas of the building. Council accepted a plan from the Finance Committee this week to fund this project with a few conditions. Funds for this project will come from two existing investment funds as well as several generous private donations toward this project thus far. The total projected cost of this is upwards of \$90,000.00.

Despite this projected funding to the HVAC replacement, we are very conscious of the strain on these existing funds in looking to the future. Thus, we are launching a congregational campaign to raise funds for this project. We hope you will join with us in this specific effort.



Donations to this project can be given in several ways. They can be given by cash or cheque in an envelope with your information and marked with the label HVAC Fund. This can be given during a regular church service or sent to the church office.

It can also be done through an email transfer to the church through your bank's website/account. The church email is allsaints@allsaintsguelph.ca. This email address has an automatic deposit system linked with it. Please note on the memo or details line that it is for the HVAC Fund.

As always, a charitable tax slip will be included at the end of the calendar year for all donations. If you have further questions or require specific help with this, please contact the church office at 519-821-7710 or email allsaints@allsaintsguelph.ca. Alternatively, speak to Brian Janzen.

Faith Forum — September 17, 7:00 PM



Check out this new book in our library....

A Two-Spirit Journey – The
Autobiography of a Lesbian
Ojibwa-Cree Elder

By Ma-Nee Chacaby with Mary
Louisa Plummer

We have read this book together over the last couple of months. It is a very powerful story of courage and resilience. While reading it you will feel like Ma-Nee is speaking to you directly. This is no easy feat since English was not Ma-Nee's first language and in fact she only learned most of her English as an adult. In addition, Ma-Nee was legally blind by the time she started this book. That is where Mary Louisa Plummer came in to assist Ma-Nee with the writing.

Ma-Nee was fortunate to escape Residential School because she was off hunting when they were

collecting kids in her community. Or maybe not so fortunate since she was severely abused during childhood and into her adult life. Ma-Nee had to deal with addictions, which she bravely faced and became clean. Ma-Nee had a huge heart and took in many children and friends over the years even while struggling with all of her own challenges. Coming out as a Two-Spirit Lesbian at 38 years of age seemed to be a real turning point for Ma-Nee, from that point on she seemed happier and more in touch with herself. Ma-Nee has probably helped hundreds or thousands of people over the course of her life and continues to help individuals as an elder. She is taking a little more time for herself now though.



This was a 2025 Canada Reads Selection.

Jan and Dennis

Music at All Saints



As we embrace the beauty of autumn, the choir eagerly anticipates our Thursday evening rehearsals and the opportunity to uplift our congregation with music each Sunday morning.

We warmly invite anyone interested in joining our vibrant community of singers to reach out to Peter West or any choir member—everyone is welcome!

Next rehearsal: Thursday, September 4th



Evangelical Lutheran Church in Jordan and the Holy Land Appeal

In support of our partners, the Evangelical Lutheran Church in Jordan and the Holy Land (ELCJHL), the ELCIC National Office and Eastern Synod launched an appeal to raise \$50,000. Please consider how you can contribute to this important effort to support the vital work of the ELCJHL that embodies faith, resilience and hope



ELCJHL Diaconal Ministry staff and volunteers prepare hot meals for distribution to the community.

In a recent update from ELCJHL Bishop Dr. Sani Ibrahim Azar, he shared that while the church continues to pray for the peace of Jerusalem, as we all do, he fears, “that peace is increasingly hidden from our eyes.”

“There is an atmosphere of deep fear and uncertainty across our land,” he continued. “No one knows what the next day will bring. The prospect of a regional war weighs heavily on a population already exhausted by suffering.”

Yet, despite everything, the ELCJHL remains steadfast in its mission.

- Congregations continue to gather in prayer and fellowship.
- The schools of the ELCJHL have successfully completed their 2024-25 academic year.

- Diaconal ministry is providing food, rent assistance, medical care and school tuition support to hundreds of families across the West Bank.
- Gender justice and environmental ministries are still working towards a more just and sustainable future.

You can help support this vital work through a donation by using your offering envelope or e-transfer to the church. Be sure to mark the ‘other’ line on your offering envelope, cheque, or subject line: “ELCJHL Appeal.”

You can read the full letter on the appeal from ELCIC National Bishop Susan Johnson, ELCIC National Bishop-elect Larry Kochendorfer and Eastern Synod Bishop Carla Blakley at:

<https://easternsynod.org/elcjhhl-appeal/>

Pray for Peace

All Saints' Fall Ham Dinner

Many of us have been told about the delicious suppers that were cooked and enjoyed by many at St. Paul's and St. David's and St. Patrick's well before most of us joined.

Cooler weather is on its way and it will soon be time to curl up and get cozy, with a book, under a blanket.

To celebrate the end of a "good, old-fashioned summer" and the coming of Thanksgiving, you are all invited to attend our fall ham dinner which will be served on Saturday, September 27 at 5:00 pm in Rose Head Hall.



Members, family and friends are welcome to attend, as well as members of the community.

Tickets will be available after Sunday services until the dinner. There is a sign-up sheet in the narthex for you to print your names and the number attending. If you sign up, I will assume you need a ticket! As usual, there are ways to assist: by making scalloped potatoes, setting up, serving or helping to clean up. That's part of the fun!

Ticket prices are listed below. Proceeds will go towards the church deficit.

Adults - \$20
Students - \$15
Children (6-12) - \$10
Under 5 – free

Tickets are available from Marilyn S., Ena S. and Marilyn C.

Sign the attendance list, buy tickets after Sunday services or call Marilyn Coleman 519-827-5127).

Come and enjoy!

Many Blessings!
 Marilyn, Ena and Marilyn



National Day for Truth and Reconciliation

Each year, **September 30** marks the National Day for Truth and Reconciliation.

The day honours the children who never returned home and Survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process.



OLDER ADULT CAREGIVER CONFERENCE



This free conference is for the older adults in our community who are supporting people through their health journeys.

A DAY OF NETWORKING AND SUPPORT

RESOURCES

The vendors participating offer supports and services for older adults

LUNCH INCLUDED

This day is about you—your lunch is included

PRESENTATIONS

Listen to those who share lived experiences and to those who support folks in their journey of support

PRIZES / GIVEAWAYS

Everyone walks away a winner!

THURSDAY, NOVEMBER 6, 2025

11:00 AM—3:00 PM

Guelph-Wellington Seniors Association (GWSA)

683 Woolwich Street, Guelph, Ontario, N1H 3Y8

519-265-7722 Ext. 68302 audrey.bishop@gwsa-guelph.ca

Submitted by Connie Shaw

Connections



Environmental Stewardship

Let us celebrate the efforts made to beautify the land surrounding All Saints. We invite everyone to take a moment to stroll through the grounds or to sit and meditate on the serene beauty of the landscape. Enjoy this sacred space and the inspiration it provides!

Photo credit: Peter West



Ribfest 2025



Thanks to our Merry Band of Twelve...Laura F, Michelle , Werner, Debbie, Bill , Marilyn, Christina, Sheila, Bonnie, Anne, Jan, and Dennis. We worked hard, had fun, raised \$300 for the church and are looking forward to doing it again next year!!

Submitted by Dennis Kunze



Parish Care Ramblings

I don't know about your summer, but mine has flown by in the blink of an eye, it seems. And now we have all the blessings of the summer's bounty.... Fresh fruits, veggies, flowers. Can you honestly thank God for all that there is, and which we so often take for granted? Yet all of it is a blessing. Bestowed on us.

It was difficult in the garden this summer, with my "green" thumb turning

a little brown mid summer, because of all the heat and sun we experienced. No rain for weeks! And yet night, after night, after night, the news reported disastrous flooding across the US. Is this the course we can expect in the future? I read a newspaper article the other day which talked of a U of G economics professor who is refuting our current thinking on climate change. I tucked that one away in the archives of my brain as misinformation.

We are being overwhelmed by false bravado, made up stories and pictures that look, or appear, to be very legitimate. Another newspaper article highlighted how images can be changed or altered

to suit the moment. File photos in the news may not be current but taken from another region or from a previous similar event. I watched short newsclips where the mouth of the person speaking does not match the words you hear. Often now, we see pictures altered to appear like someone.but not quite, if you look closely and critically.



Again, I refer to another news article that I recently read, talking about the damaging effects of ChatGpt on the human psyche. This article told the story of a middle aged, corporate recruiter, who asked a simple math question on the Chat, but within 6 months, he had spiralled into a delusional world, despite having no past mental health issues. The chatbot, time and time again, used words as, genius, a legendary call, brilliant, good insight, timeless, powerful, profound. This may sound bizarre or too much like "science fiction", but be aware of what you are seeing or reading. Don't be afraid to question (not the chatbot though) or be a bit skeptical of what you are looking

at. Choose your sources of information wisely.

Shingles

And, no I am not referring to those rectangles that make up your roof!! Far from it. I am talking about that painful, itchy, tingling, burning blistered discoloration that could possibly show up on your face, or elsewhere on your body.

Shingles is caused by the same virus as chickenpox. Having had chickenpox, is no guarantee that you will not get shingles later in life. The virus can lay inactive in your body in nerve cells, then reactivate years later as you get older and your immune system weakens.

Typically it appears as a blistered rash on one side of your face, back, neck, chest or belly.

Tingling, discolouration and nerve pain are common, as it always follows a nerve pathway. After 3-4 days, the rash turns into blisters. By about day 10, the blisters dry out and scab over.

Is shingles itself contagious? No, but you can give the chickenpox virus to someone else who has

Connections

Parish Care Continued...

never had it. You could also possibly infect another person who is in contact with the liquid from the blisters, so keep it covered and avoid being around other people.

Most people get better without complications. It is important to start antiviral medications within 3-5 days of the onset of symptoms. It can take 3-5 weeks until the rash totally disappears. Shingles is rarely fatal, but depending on your symptoms and progress, some

people can get quite ill and may spend a few days in hospital.

One of the unpleasantities of the virus is that one in five people may experience long-term nerve pain after shingles. And it is possible to get shingles more than once but this is not common and it will not be in the same place on your body.

If you have never had chickenpox can you get shingles? NO. But to reduce your chance of getting



shingles, get the shingles vaccine (Shingrix). Why not take the best care of yourself? I have learned that, if you don't look after yourself and be good to yourself, no one else will. No one will do that for you.

*ASSOCIATES MEETING
September 23 at 2:00 PM
in the Narthex*

*CHI RHO MEETING:
September 11, at 1:00 PM
in Rose Hall*

And that brings me to another chapter. I have decided to invest my time in other relevant places that are demanding more of my time. The Workshops have been a fun ride these past few years and I hope they have been helpful and fun for all of you. The fellowship and discussions were definitely of interest and I thoroughly enjoyed

answering your questions and trading thoughts. And now it is upward and onward.... Or as the phrase goes, "elbows up"!?

Blessings,
Marilyn



September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Below are the regularly scheduled room uses that repeat weekly all year long (unless otherwise noted). Please check here <i>first</i> when looking for available space.						
6:30-8:30 pm — Rose Head Hall, NA Never Alone	9:00 am – Rose Head Hall, Tai Chi (Sept-Jun) 6:00-8:00 pm – Rose Head Hall, AA (Flying Blind), 8:00 – 9:00 pm – District Meeting 3 rd week 6:30 – 8:30 pm – Choir Rm, Gambler's Anonymous	6:00 – 8:30 pm – Choir Rm, Gambler's Anonymous study group 1 st Tuesday of the month 4:00 pm – Rose Head Hall, Order of the Eastern Star 2 nd Tuesday of the month	9:00 am – 12:00 pm & 1:00 – 5:00 pm – Rooms A&B, Children Reading Room 10:00 – 11:00 am – Good Morning Al Anon, Choir Rm 6:00-8:00 pm – Nave, Guelph Male Choir 7:00-9:00 pm – Choir Room, Guelph Al-Anon Family Group 7:30-9:30 pm – RRH, AA Helping Hands	9:00 am – 1:00 pm – Rooms A&B, Children Reading Room 5:45- 8:00 pm – Rose Head Hall, TOPS 7:00 – 8:00 pm – Choir Room, Tri-County Recovery	9:00 am – 12:00 pm & 1:00 – 5:00 pm – Rooms A&B, Children Reading Room 9:00 am – Rose Head Hall, Tai Chi (Sept-Jun)	
	1	2	3	4	5	6
				9:00 a.m. – 3:30 p.m. – RHH, Silvercreek Community Market 7:00 p.m. – Choir Practice, Nave		
7 Season of Creation 1 8:30 am – Nave Holy Communion 10:00 am – Nave Holy Communion	8	9	10	11 1:00 – 3:00 p.m. – Chi Rho, RHH 7:00 p.m. – Choir Practice, Nave	12	13
14 Season of Creation 2 8:30 am – Nave Holy Communion 10:00 am – Nave Holy Communion Deadline for Connections	15	16 5:00 p.m. – RHH, Men's Fellowship	17 12:00 p.m. – Women of Faith, Parlour 7:00 p.m. – Faith Forum, via zoom	18 9:00 a.m. – 3:30 p.m. – RHH, Silvercreek Community Market Parlour 10 a.m. – SYCL meeting, Parlour 7:00 p.m. – Choir Practice, Nave	19	20 1:00 – 5:00 p.m. – Eastern Star Rental, RHH
21 Season of Creation 3 8:30 am – Nave Holy Communion 10:00 am – Outdoor Service with Holy Communion 11:30 – Anniversary lunch	22	23 2:00 p.m. – Parlour, The Associates	24 Executive Meeting 6:30 – 8:00 p.m., Confirmation Class, Pastor's Office.	25 7:00 p.m. – Choir Practice, Nave	26	27 5:00 p.m. – Ham Dinner fundraiser, RHH
28 Season of Creation 4 8:30 am – Nave Holy Communion 10:00 am – Nave Holy Communion 1:30 – 3:00 p.m. – RHH, Caring Conversations	29 7:00 p.m., Parlour Book Study	30 7:00 p.m. – Parlour, Church Council				RHH – Rose Head Hall