February 16, 2025

Freedom Sunday

PRELUDE

WELCOME

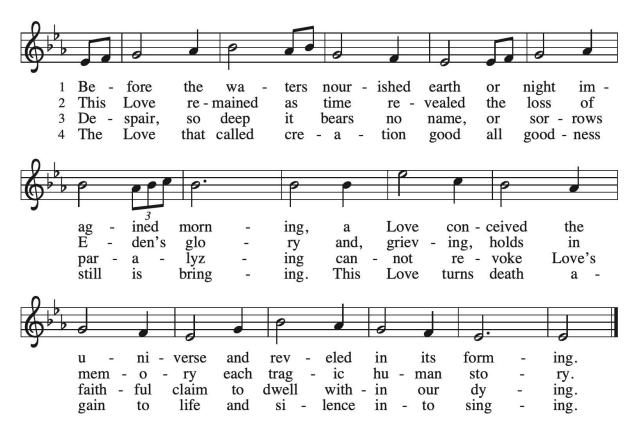


ACKNOWLEDGEMENT OF TERRITORY

All Saints Lutheran Anglican Church exists on the traditional territory of the Attawandaron / Neutral People. We honour the original ancestors of this land and also offer respect and friendship to our Haudenosaunee, Anishinaabe, Mississauga and Métis neighbours.

We give thanks for the First Peoples and all who have cared for the land and made it possible for us to dwell and do ministry on this land, and we commit ourselves to walk in right relations with one another.

GATHERING SONG Before the Waters Nourished Earth



GREETING

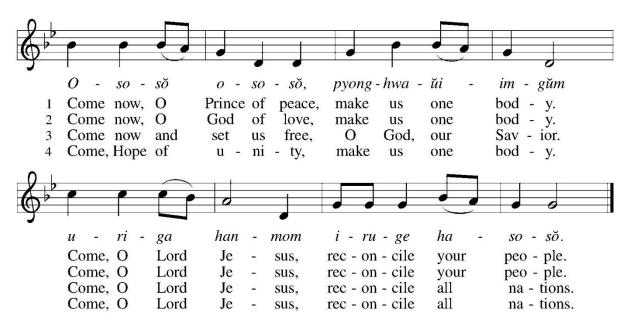
The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

Almighty God,

to you all hearts are opened, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Jesus Christ our Lord. Amen.

HYMN OF PRAISE Come, Now o Prince of PEace



PRAYER OF THE DAY

Let us pray.

Liberating God, who gathers the outcast, heals the brokenhearted and binds up their wounds, bring liberty and freedom to all whose lives are entangled in slavery and trafficking in our world today. Lift up the downtrodden and tread wickedness into the dust. We make our prayer through Christ our Lord, who lives and reigns with you and the Holy Spirit in perfect freedom, one God, now and forever. **Amen**

CHOIR ANTHEM

FIRST READING: Exodus 3:7-10

⁷ Then the LORD said (to Moses), 'I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, ⁸ and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. ⁹The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. ¹⁰So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.'

The Word of the Lord.

Thanks be to God!

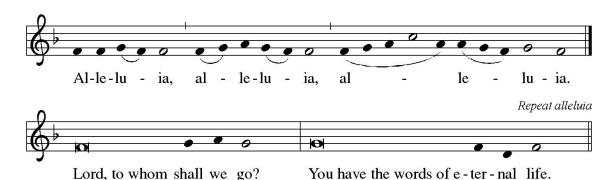
Psalm 126 When God Restored our Common Life BLUE 583

SECOND READING: Galatians 5:13-15

¹³ For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. ¹⁴For the whole law is summed up in a single commandment, 'You shall love your neighbour as yourself.' ¹⁵If, however, you bite and devour one another, take care that you are not consumed by one another.

The Word of the Lord
Thanks be to God!

GOSPEL ACCLAMATION



GOSPEL: Luke 6:17-26

The holy gospel of our Lord Jesus Christ according to Luke. **Glory to you, O Lord.**

¹⁷[Jesus] came down with [the twelve] and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon. ¹⁸ They had come to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. ¹⁹ And all in the crowd were trying to touch him, for power came out from him and healed all of them.

²⁰Then Jesus looked up at his disciples and said:

"Blessed are you who are poor, for yours is the kingdom of God.

- ²¹ "Blessed are you who are hungry now, for you will be filled.
- "Blessed are you who weep now, for you will laugh.

²² "Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. ²³ Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets.

²⁴ "But woe to you who are rich, for you have received your consolation.

²⁵"Woe to you who are full now, for you will be hungry.
"Woe to you who are laughing now, for you will mourn and weep.

²⁶ "Woe to you when all speak well of you, for that is what their ancestors did to the false prophets."

The gospel of Christ.

Praise to you, Lord Jesus Christ.

HOMILY

HYMN OF THE DAY Sacred the Body [TUNE: TENDERNESS]

- 1. Sacred the body God has created, Temple of Spirit that dwells deep inside. Cherish each person; nurture creation. Treat flesh as holy, that love may abide.
- 2. Bodies are varied, made in all sizes, Pale, full of colour, both fragile and strong. Holy the difference, gift of the Maker, So let us honour each story and song.
- 3. Love respects persons, bodies and boundaries. Love does not batter, neglect, or abuse. Love touches gently, never coercing. Love leaves the other with power to choose.
- 4. Holy of holies, God ever-loving,
 Make us your temples; indwell all we do.
 May we be careful, tender, and caring,
 So may our bodies give honour to you.

PRAYERS OF INTERCESSION

With the spirit of Christ shining upon us, let us pray for the church, the world, and all of creation.

Lord Jesus Christ, you saw human beings, not property, when you said: Let the children come to me, do not stop them. You took the children in your arms and blessed them. Wherever children are made to work, forced to fight, or bought and sold as economic assets, challenge the adults who use and abuse them. Change the patterns of poverty and the greed for money and power that put children at risk of being treated as possessions to be traded. Set the children free to receive your blessing again today. Lord, have mercy.

Christ, have mercy.

Lord Jesus Christ, you saw a student, not a servant, when you said that the part that Mary had chosen would not be taken away from her. You gave women the right to learn and to teach your truth. Wherever women are excluded from education, forced to labour, pressed into prostitution, invisible by law or custom, challenge the powers that diminish and demean them. Lift up the lowly and cast down the proud until all women's work, paid and unpaid, is freely chosen, held in honour, and carried out in safety. Lord, have mercy.

Christ, have mercy.

Lord Jesus Christ, you had compassion for the crowds when you told your disciples to give them something to eat. Your blessing gave plenty of food for everyone. Wherever hunger makes people vulnerable, challenge the exploiters who prey on their despair. Silence the traders who make false promises and shine with the light of your truth to reveal injustice and deceit. Bless the gifts of the generous, distribute the resources of those who have plenty, preserve the dignity of the poor, and let no one's body or integrity be sold for daily bread. Lord, have mercy.

Christ, have mercy.

Blessed are those in need. Give to all facing illness wise and caring doctors, nurses, and therapists. Draw near to all who call to you. We pray especially for: Anna-Liisa, Bud, Ruth, Susan, Chris, Werner and Debbie, John and Julianna, Ross and Karen, Gwen and Nolan, Orland, Gail, Irene, Connie, Bill, Irene, Kelly, John and Laura, and those we name before you in our hearts. (silence...) We pray for John as he mourns the passing of his brother Barrie. Lord, have mercy.

Christ, have mercy.

Into your hands, O God, we commend all from whom we pray, trusting in your mercy, through Jesus Christ our Lord. **Amen**

PEACE

May the peace of Christ be with you all! **And also with you.**

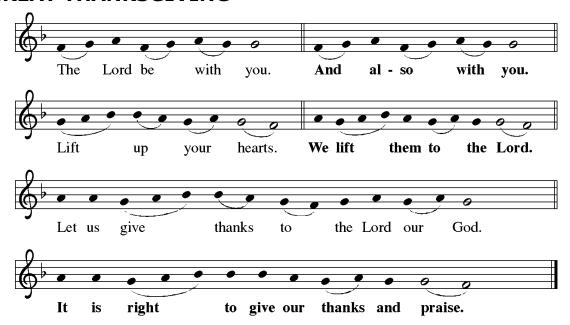
OFFERTORY Now the Silence RED 460

OFFERTORY PRAYER

Let us pray:

God of grace, your love reaches to the heavens, and your abundance to the depths of the seas. Bless what we offer to your service: our gifts, our abilities, and our hearts. Let us overflow with gratitude and generosity, now and always. **Amen**

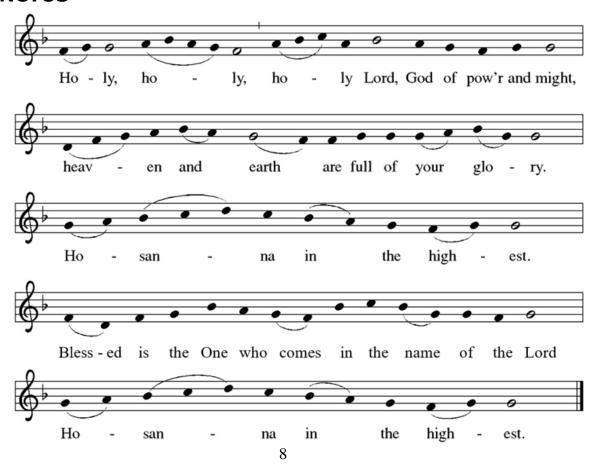
GREAT THANKSGIVING



PREFACE

... and join their unending hymn:

SANCTUS



EUCHARISTIC PRAYER

Blessed are you, O holy God:

you are the Life and Light of all.

By your powerful word you created all things.

Through the prophets you called your people to be a light to the nations.

Blessed are you for Jesus.

He is your Light, shining in our darkness and revealing to us your mercy and might.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you.

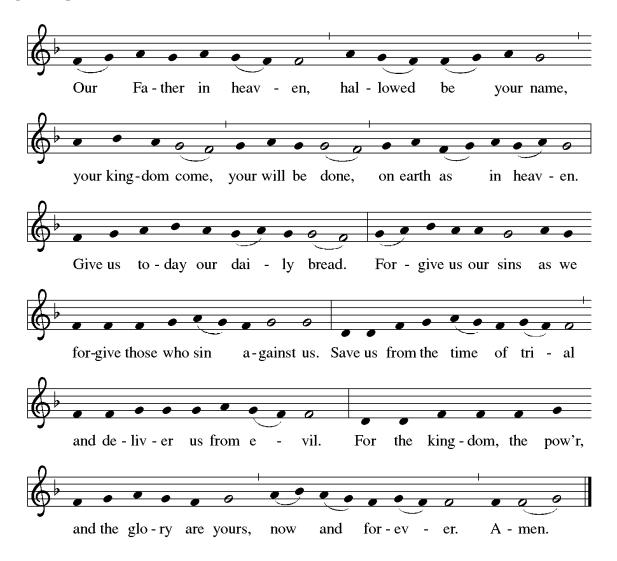
Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:
This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.

Remembering, therefore,
his preaching and healing,
his dying and rising,
and his promise to come again,
we await that day when all the universe
will rejoice in your holy and life-giving light.

By your Spirit bless us and this bread and cup, that, held and nourished by you, we may be light for the world, revealing the brilliance of Christ through whom all glory and honor is yours, Almighty Father, with the Holy Spirit, in your holy Church, both now and forever. **Amen**

LORD'S PRAYER



INVITATION TO COMMUNION

We break this bread to share in the body of Christ.

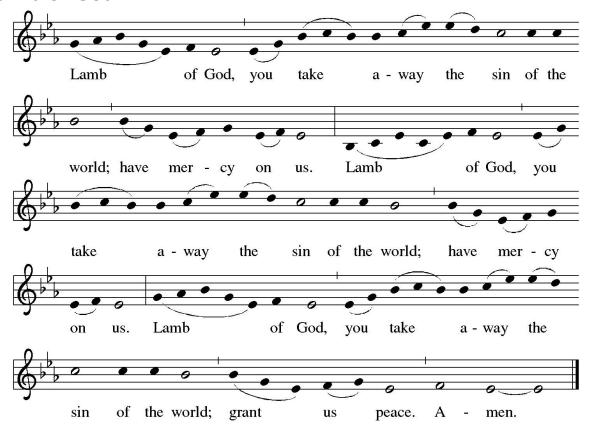
We, being many, are one body, for we all share in the one bread.

The joy of the Lord is our strength. Come, eat this meal of gladness.

Thanks be to God!

DISTRIBUTION

Lamb of God



Communion Hymns:

Gloria, Gloria, in Excelsis Deo For the Healing of the Nations Lord, Whose Love in Humble Service BLUE 376 BLUE 576 RED 712

TABLE BLESSING

May the body and blood of our Lord Jesus Christ, strengthen, keep, and unite us now and forever. **Amen**

POST-COMMUNION PRAYER

Nourishing God, at this table you have refreshed us with holy gifts of food and drink. Strengthen us for service, and send us out to embody your good news of liberation and healing for the sake of the world, for we pray in Jesus' name. **Amen**

POST-COMMUNION CANTICLE United At the Table



ANNOUNCEMENTS

FREEDOM PRAYER

On this holy ground of worship, in this sacred place of prayer We have heard the voice of freedom crying, "Let my people go."

God of freedom, who leads us into life, deliver us from every evil, and make of us deliverers of others.

Where chains restrain God's chosen children, where humans trade in kin and skin, may our words pass on your promise of a land where liberty is sweet.

God of freedom, who leads us into life, deliver us from every evil, and make of us deliverers of others.

Give us faith to face the Pharaohs who line their pockets from this plague. Send us as salvation's sponsors, willing servants, slaves to love.

God of freedom, who leads us into life, deliver us from every evil, and make of us deliverers of others.

The blessing of the God of life be ours.
The blessing of the loving Christ be ours.
The blessing of the Holy Spirit be ours,
To cherish us, to help us, to make us holy.

SENDING HYMN Light Dawns on a Weary World

RED 726

DISMISSAL

Go in peace. Live in hope. Thanks be to God!

POSTLUDE

Announcements and Information

Next Sunday

Norm Frid

Ryan Nerbas

Today

Norm Frid

Ryan Nerbas

Pearl Robinson

Assisting Michelle Normandin Penny Richards **Minister** Christine Morrison Julianna Stephens Servers Laura F Mann Kishan Gunawardene Grea Elliott Marie Karn Reader Bill & Jette Thomas Ena Sookraj Greeters Jan Neilsen Laura F Mann **Ushers** Marisela McDougall Dennis Kunze Michele Altermann Jeff Smith **AV** booth Brian Janzen Brian Janzen Michele Altermann Michele Altermann **Altar Guild** Marilyn Coleman Marilyn Coleman

We pray for:

Coffee Hour

Counters

Flowers

ACC The Rt. Rev. Sam Rose, Bishop, and the people and clergy of the Diocese of Eastern Newfoundland and Labrador

ELCIC The dean, council, and congregations of the Central Toronto Area and Greater Toronto Areas East and West of the Eastern Synod

MOR The people and ministries of Rio Terrace Moravian Church in Edmonton

Greeters: If you can help with this important hospitality ministry please contact Elaine Maguire at (519) 658-0509 or let the office know. Thank you.

Donation Receipts are now available in your mailbox.

Connections: The deadline for the next issue of *Connections* is **today.** Please submit items to Christine Morrison at cjmorrison263@gmail.com

Parish Care Workshop: Tuesday February 18 at 1:00 pm in the Narthex. This month's topic discusses *Low Back pain:* Strategies and Management. Bring your friends for a lively discussion following the video.

Shrove Tuesday: It's not too soon to sign up! Please sign up in the narthex if you can help with set up (4:00 pm), cooking and clean up (7:00 p.m.). Also please pick a time to attend and tell us how many will be attending on **Tuesday March 4, 2025**!

Silvercreek Community Market: We regularly need rice and red lentils! We currently have 270 families registered so please consider buying the specific items listed below in advance of each month — for February we need school snacks, canned fruit and vegetables and cooking oil.

We do not need any more reuseable grocery bags or plastic bread tabs at this time. Thank you.

The Stories Bones Tell: Fundraiser for the Ecumenical Campus Ministry. Join us on Thursday February 20th at 10 a.m. in the Anatomy Museum of the Ontario Veterinary College, U of Guelph, for a fascinating look at skeletons! This one-of-a-kind event will be hosted by Dr. Jeff Thomason, who taught Veterinary Anatomy for 30 years. There will be a number of skeletons on display - fish, bird, and several mammals including a lynx, rat, bear, rabbit, dog, and more. Jeff will give a brief introduction on the special features of the species on display, and what to look for on each one. Then you will get to wander among the skeletons looking for those features and enjoying the stories that the skeletons tell about the animals they supported. You should come away with a better understanding of your own skeleton, and an appreciation of the variety and uses of this remarkable structure in different animals. And you will have fun while learning! The cost is \$25, with all funds raised going to support the ECM. Speak to Lucy Reid to sign up, or email her at lreid08@amail.com.

LOOKING AHEAD: February 17 — 23

Tuesday 18	1:00 p.m.	Parish Care Workshop Parlour
	5:00 p.m.	Men's Fellowship Rose Head Hall
Wednesday 19	9:00 a.m.	Announcements due to Office
	7:00 p.m.	Faith Forum via Zoom
Thursday 20	9:00 a.m. — 3:30 p.m.	Silvercreek Community Market, Rose Head Hall
	7:00 p.m.	Choir Practice Nave
Sunday 23	8:30 a.m.	Epiphany 7 Holy Communion—Nave
	10:00 a.m.	Epiphany 7 Holy Communion—Nave



Organist: Peter West

Staff: Michele Altermann Administrative Assistant

Church Office Hours

Tuesday—Friday, 9:00 a.m.—1:00 p.m.