

May 26, 2024

Pentecost 2

Seven Sacred Teachings - Humility



PRELUDE

WELCOME

ACKNOWLEDGEMENT OF TERRITORY

Cre - a - tor gives us sa - cred teach - ings:

Hum - il - i - ty from be - low to keep us whole.

All Saints Lutheran Anglican Church exists on the traditional territory of the Attawandaron / Neutral People. We honour the original ancestors of this land and also offer respect and friendship to our Haudenosaunee, Anishinaabe, Mississauga and Métis neighbours. We give thanks for the First Peoples and all who have cared for the land and made it possible for us to dwell and do ministry on this land, and we commit ourselves to walk in right relations with one another. Today we acknowledge the Sacred Teaching of Humility, which teaches us to live selflessly and know that we are a sacred part of creation.

Cre - a - tor gives us sa - cred teach - ings:

Hum - il - i - ty from be - low to keep us whole.

GATHERING SONG

Gather Us In

RED 532

GREETING

The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

Almighty God,

to you all hearts are opened, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Jesus Christ our Lord. Amen.

KYRIE

Leader

In peace, in peace, let us pray to the Lord.

Assembly

Lord, have mer - cy. Christ, have

For the reign of God, and for

mer - cy. Lord, have mer - cy.

L: For the reign of God and peace throughout the world, for the unity of all, let us pray to the...

C: Lord, have mercy, Christ, have mercy, Lord, have mercy.

L: For your people here, who have come to give you praise, for the strength to live your word, let us pray to the...

C: Lord, have mercy, Christ, have mercy, Lord, have mercy.

Help, save, and de - fend us, O God.

mer - cy. A - men.

The image shows a musical score for a hymn. It consists of two staves of music in G major (one sharp). The first staff has a treble clef and a key signature of one sharp (F#). The melody begins with a whole rest, followed by a half note G4, a quarter note A4, a quarter note B4, a quarter note C5, a quarter note B4, a quarter note A4, a quarter note G4, and a quarter note F#4. The second staff also has a treble clef and a key signature of one sharp. The melody begins with a quarter note G4, a quarter note A4, a quarter note B4, a quarter note C5, a quarter note B4, a quarter note A4, a quarter note G4, and a quarter note F#4. The lyrics are: "Help, save, and de - fend us, O God." on the first staff, and "mer - cy. A - men." on the second staff. The word "mer" is under the first G, "cy." is under the second G. "A" is under the first G, and "men." is under the second G.

HYMN OF PRAISE

Refrain



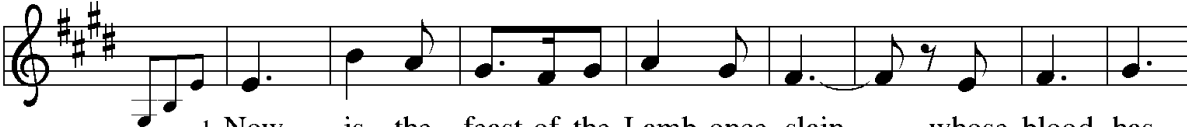
Now the feast and cel - e - bra - tion, all of cre - a - tion



sings for joy to the God of life and love and free-dom;



praise and glo - ry for - ev - er - more!



1 Now is the feast of the Lamb once slain, whose blood has



freed and u - nit-ed us to be one great peo-ple of God.



2 Pow - er and rich-es, wis-dom and might, all hon - or and



glo - ry to Christ for - ev - er.



3 For God has come to dwell with us, to make us peo-ple of



God; to make all things new.

PRAYER OF THE DAY

Presider: The Lord be with you. *Congregation:* And al - so with you.

Let us pray.

Healing God, we carry in this body that we are, the dying Jesus who breathes life into us. We are afflicted and perplexed; persecuted and worn out. And yet we are humbled because you bring life from death and place us in your Reign of love. Grace us with the realization we are wonderfully made and truly blessed in our needing of one another and in our being healed together in Jesus, our peace. **Amen.**

FIRST READING: Deuteronomy 5:12-15

¹²Observe the sabbath day and keep it holy, as the LORD your God commanded you. ¹³Six days you shall labour and do all your work. ¹⁴But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. ¹⁵Remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm; therefore, the LORD your God commanded you to keep the sabbath day.

Word of God. Word of life.

Thanks be to God.

SECOND READING: 2 Corinthians 4:5-12

⁵We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. ⁶For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

⁷But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. ⁸We are afflicted in every way, but not crushed; perplexed, but not driven to despair; ⁹persecuted, but not forsaken; struck down, but not destroyed; ¹⁰always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. ¹¹For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. ¹²So death is at work in us, but life in you.

Word of God. Word of life.

Thanks be to God.

GOSPEL ACCLAMATION (sung twice)

Congregation:

Al - le - lu - ia, Al - le - lu - ia. Lord, to whom shall we
go? You have the words of e - ter - nal
life. Al - le - lu - ia!

Repeat optional

GOSPEL: Mark 2:23—3:6

The holy gospel according to Mark.
Glory to you, O Lord.

²³One Sabbath [Jesus] was going through the grainfields; and as they made their way his disciples began to pluck heads of grain. ²⁴The Pharisees said to him, "Look, why are they doing what is not lawful on the sabbath?" ²⁵And he said to them, "Have you never read what David did when he and his companions were hungry and in need of food? ²⁶He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions." ²⁷Then he said to them, "The sabbath was made for humankind, and not humankind for the sabbath; ²⁸so the Son of Man is lord even of the sabbath."

^{3:1}Again he entered the synagogue, and a man was there who had a withered hand. ²They watched him to see whether he would cure him on the sabbath, so that they might accuse him. ³And he said to the man who had the withered hand, "Come forward." ⁴Then he said to them, "Is it lawful to do good or to do harm on the sabbath, to save life or to kill?" But they were silent. ⁵He looked around at them with anger; he was grieved at their hardness of heart and said to the man, "Stretch out your hand." He stretched it out, and his hand was restored. ⁶The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

The gospel of Christ.
Praise to you, Lord Jesus Christ.

HOMILY

HYMN OF THE DAY O Day of Rest and Gladness RED 521

PRAYERS OF INTERCESSION

We come before the triune God to pray for our communities, ourselves, and our world.

Guide your church to expressions of faith that bring rest and release. Teach your faithful people to be attentive to the spiritual, physical, and societal weariness of our neighbours, that we proclaim your grace through tangible acts of mercy and justice. We pray today for the theological colleges and training programs within the Ecclesiastical Province of Ontario: Canterbury, Huron, Trinity, Wycliffe, and Renison Colleges; the Anglican Studies Program at Saint Paul University, and Thorneloe University; ELCIC Luther College at the University of Regina and Luther College High School. Merciful God,
receive our prayer.

Keep us mindful of the rhythms of nature as the days lengthen and the seasons shift toward summer. Grant relief to areas facing flooding or drought and bring favourable weather for the flourishing of crops, gardens, and orchards. Merciful God,
receive our prayer.

Where there is affliction in our world, bring healing. Where world leaders are perplexed, bring clarity of vision. Give a spirit of discernment to political advisors, economic analysts, and all vocations that inform the work of governments and policymakers. We continue to pray for the people suffering in Gaza, Ukraine, and the conflict zones of the world of which we are unaware, praying that we would have the courage to end all violence. Merciful God,
receive our prayer.

Provide wholeness and respite to all who are weary: those who struggle in any way and those who care for them. Strengthen first responders and health care workers. We pray for those who desire our prayers: Anna-Liisa, Bud,

Ruth, Susan, Chris, Werner and Debbie, Karen, Jim, Bill, Isa, Zoilita, Lisa, Barrie and Stella, Irene and Kelly, John and Julianna, Florence, Nicky and Dwayne, Sadie, Beth, Dennis, and those we name in our hearts (*brief silence...*). Merciful God,
receive our prayer.

May we be reminded that, while like the wolf each of us possesses power and strength, we are stronger together. Remind us that each life is important and that even your smallest creations play a big role in maintaining the delicate ecosystem of our world. Remind us that we have much to learn from one another. Help us to be intentional to make intergenerational connections and to build relationships with those who come from different cultures, communities, and experiences so that we can learn from one another and grow together. Merciful God,
receive our prayer.

We remember the communion of saints whose lives made visible the saving life of Jesus Christ. Guide us by their example to embody the treasure of your love for the sake of our world, until we come to our final rest in you. Merciful God,
receive our prayer.

Receive our prayers, O God, and come quickly to our aid, through the power of the Spirit and the love of Jesus Christ.
Amen.

PEACE

May the peace of Christ be with you all!
And also with you.



OFFERTORY

Refrain

As the grains of wheat once scat-tered on the hill were
gath-ered in - to one to be - come our bread; so may all your peo-ple from
all the ends of earth be gath-ered in - to one in you.

1 As this cup of bless-ing is shared with-in our midst,
2 Let this be a fore - taste of all that is to come when

Refrain
may we share the pres - ence of your love.
all cre - a - tion shares this feast with you.

OFFERTORY PRAYER

Let us pray:

God of all creation, all you have made is good, and your love endures forever. You bring forth bread from the earth and fruit from the vine. Nourish us with these gifts, that we might be for the world signs of your gracious presence in Jesus Christ, our Saviour and Lord.

Amen

SANCTUS



Ho - ly, ho - ly, ho - ly are you, God of pow - er and
might; heav - en and earth are filled with your
glo - ry. Ho - san - na in the high - est.
Bless - ed is the one who comes in your name. Ho -
san - na in the high - est, ho - san - na in the high - est.

EUCCHARISTIC PRAYER

P: ... Amen, come, Lord, Jesus! Amen, come, Lord, Jesus!

C: **Amen, come, Lord, Jesus! Amen, come, Lord, Jesus!**

P: Send now, we pray, your Holy Spirit that all your promises may come to us and your whole creation.

C: **Amen, come, Lord, Jesus! Amen, come, Lord, Jesus!**

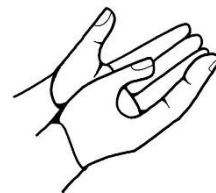
P: This we pray through Jesus Christ, our Saviour, and our friend.

Congregation:

Through Christ, with Christ, in Christ, in the
u - ni - ty of the Spir - it, all glo - ry and hon - or is
yours, O God, now and for ev - er.
A - men.

LORD'S PRAYER

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**



INVITATION TO COMMUNION

Jesus said, "I am the bread of life. Whoever comes to me shall never be hungry. Whoever believes in me will never thirst."

Taste and see that the Lord is good;

Happy are they who trust in him!

Christ has set the table with more than enough for all.

Come!

Thanks be to God!

COMMUNION HYMNS:

Lamb of God

Lamb of God, you take away the sin of the world:

Have mercy on us, mercy on us, mercy on us.

Lamb of God, you are the bread of life for us all:

Have mercy on us, mercy on us, mercy on us.

Lamb of God, you are the way of justice and peace:

Have mercy on us, mercy on us, mercy on us.

Lamb of God, you are way of mercy and love:

Have mercy on us, mercy on us, mercy on us.

Lamb of God, you take away the sin of the world:

Grant us peace, grant us peace, grant us peace.

Come and Fill Our Hearts

Red 528

There Is a Balm in Gilead

Red 614

Healer of our Every Ill

Blue 612

TABLE BLESSING

May the body and blood of our Lord Jesus Christ,
strengthen, keep, and unite us now and forever. **Amen**

POST-COMMUNION PRAYER

We give you thanks, almighty God, that you have refreshed
us through the healing power of this gift of life. In your
mercy, strengthen us through this gift, in faith toward you,
and in fervent love toward one another; for the sake of
Jesus Christ our Lord. **Amen**

POST-COMMUNION CANTICLE

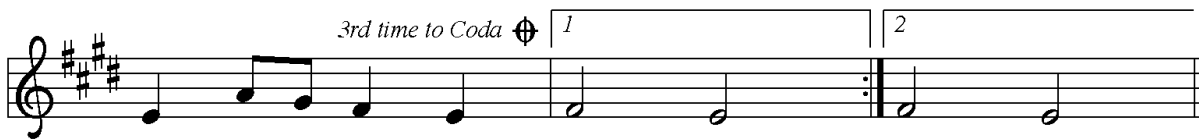
Praise to You



1 Praise to you, O God of mer - cy: thanks be to you for -
 2 From of old you loved and sought us: thanks be to you for -
 3 Praise to you, O God of mer - cy: thanks be to you for -



ev - er! Rais - ing high the weak and low - ly:
 ev - er! Truth and jus - tice you have taught us:
 ev - er! Rais - ing high the weak and low - ly:



thanks be to you for - ev - er!
 thanks be to you for - ev - er!
 thanks be to you for -



Strong is your faith - ful - ness, strong is your love, re -



mem - b'ring your cov - e - nant of life with us.

⊕ Coda



ev - er! Thanks be to you for - ev - er!

ANNOUNCEMENTS

Announcements and Information

	Today	Next Sunday
Assisting Minister	Laura F Mann	Penny Richards
Servers	Jan Nielsen Dennis Kunze	Kishan Gunawardene Marilyn Bleach Schranz
Reader	Siegfried Schranz	Sue Wakefield
Greeters	Marisela McDougall	Greg & Mary Elliott
Ushers	The Heaney family	Sue Wakefield Marisela McDougall
AV booth	John Szymanski Brian Janzen	Michele Altermann Brian Janzen
Altar Guild	Laura F Mann Marisela McDougall	Laura F Mann Marisela McDougall
Counters	Matzi King Mark Weigel	Carole Mozuraitis Laura F Mann
Flowers	Pearl Robinson	RIC Team
Coffee Hour	Pearl Robinson	RIC Team

The flowers: The flowers today are given in loving memory of Pearl Robinson’s family—Molly, Dennis and Denise Gratton.



Greeters: We are looking to return to pre-Covid times with regularly scheduled Greeters again! If you can help with this important hospitality ministry, please contact Elaine Maguire at (519) 658-0509 or let the office know. Thank you.

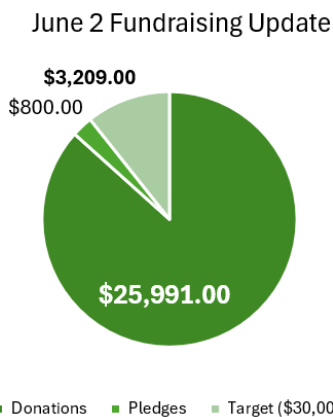
Congregational Meeting: There will be a brief meeting *after* the service on **Sunday June 9, 2024**, to vote on the Constitutional Amendment presented at the Annual Meeting. Please stay for the meeting so we can meet quorum. Also, we will be celebrating Pride Sunday that day so if you stay, there will be cake afterwards!

The Children’s Reading Room presents *Beyond the Book Event: Saturday, June 8, 2024* from 10:00 a.m. to 2:00 p.m. in Rose Head Hall—Meet three children’s authors (Sandra Wilson, Kasandra Coleman and Courtney Harris) as they read from their books. Enjoy a bake sale, silent auction and bookmark making craft for kids of all ages! Free books for kids to take home as well!

Fundraising Event for Central American Mission Trip: Sunday June 9, 2024 from 12:00—4:00 p.m. in Rose Head Hall there will be a Book Sale, Bake Sale and Plant Sale! This is in support of a Central American Mission Trip for Dawn Christie. There will also be a raffle for a lovely afghan.

Connections: The deadline for the next issue of *Connections* is **Sunday, June 16, 2024**. Please submit items to Christine Morrison at cjmorrison263@gmail.com. Please note that this will be the **Summer** edition—the next deadline will be August 18, 2024 for the September issue. *Many thanks Christine for all the work you do as our editor. Enjoy your summer break!*

Environmental Stewardship Update: Almost there!



We are getting close! Today Pearl is hosting the coffee hour and “Table of Treasures” for your delight. Proceeds will go towards meeting our goal—just \$3,209.00 to go!

Please continue to consider donating to this project! If we meet our current target or pass it there is a chance reduce the cost of the next phase, for example, only bringing in large equipment once which is more cost effective and might let us jump start phase two!

Donor & Pledge cards with envelopes are available in the narthex along with pictures of the plants we are hoping to put in the garden. *Thank you for your support!*

Silvercreek Community Market: We need **RICE, red lentils, canned tomatoes, pasta sauce, canned meat and fish and cooking oil (1L size)**. There is a special need for school snacks for children—**fruit cups and granola bars** would be great to add to our supply—we never have enough of these items! Thank you.

The Seven Sacred Teachings — Humility

Humility is represented by the wolf.

The wolf is strong and powerful alone but finds its greatest strength when part of a pack.

Humility is to know that you are a sacred part of creation.

Live life selflessly and not selfishly.

Respect your place and carry your pride with your people and praise the accomplishments of all.

Do not become arrogant and self-important.

Find balance within yourself and all living things.



LOOKING AHEAD: June 3 — 9

Tuesday 4	10:30 p.m.	Funeral lunch for Thelma Lawrence Rose Head Hall
Wednesday 5	9:00 a.m.	Announcements due to office
	2:00—4:00 p.m.	POM Project Rose Head Hall
	3:00 p.m.	Hymn Selection Committee Parlour
Thursday 6	9:00 a.m. — 3:30 p.m.	Silvercreek Community Market Rose Head Hall
Saturday 8	10:00 a.m.— 2:00 p.m.	Children’s Reading Room <i>Meet the Author</i> event Rose Head Hall
Sunday 9	8:30 a.m.	Pentecost 4 Holy Communion—Nave
	10:00 a.m.	Pentecost 4 Holy Communion—Nave
	11:30 p.m.	Brief Congregation Meeting immediately after the service
	12:00—4:00 p.m.	Plant/Book/Bake Sale Rose Head Hall

Organist

Peter West

Staff

Michele Altermann, Administrative Assistant

Church Office Hours

Tuesday—Friday, 9:00 a.m.—1:00 p.m.